**NOTE:** This word document contains three parent/guardian letters customized for different age groups. Please choose the version that is most appropriate, edit as needed and then print the letter for the children in your care to take home to their families.

Dear Families of Infants 0-6 Months:

Before young children begin to count the Cheerios on their trays or put blocks in the shape sorter, they are learning important early math concepts from their everyday interactions with caregivers. When caregivers incorporate language about math concepts into these interactions from the start, the roots of math concepts begin to grow and provide a solid foundation for learning math skills in the preschool years.

Today we talked about **UNDER** and **OVER** when we changed clothes. You can reinforce this lesson at home. Changing clothes is a great opportunity to reinforce the concepts of **UNDER** and **OVER** and, at the same time, begin to teach your baby the names of different body parts.

When removing your baby’s shirt, say: “(Child’s name) shirt is **OVER** his/her head. When putting on your baby’s shirt, say: “Your tummy is **UNDER** your shirt.” Be sure to touch the body parts as you name them, so that your baby can learn the name and position of the body part in relation to the article of clothing. Repeat the **UNDER** and **OVER** discussion when putting on or taking off your baby’s pants, and name the body parts in relation to the position of the pants.

Dear Families of Infants 6-12 Months:

Before young children begin to count the Cheerios on their trays or put blocks in the shape sorter, they are learning important early math concepts from their everyday interactions with caregivers. When caregivers incorporate language about math concepts into these interactions from the start, the roots of math concepts begin to grow and provide a solid foundation for learning math skills in the preschool years.

Today, we talked about **UNDER** and **OVER** when changing clothes. You can reinforce this lesson at home. Changing clothes is a great opportunity to reinforce the concepts of **UNDER** and **OVER** and, at the same time, begin to teach your baby the names of different body parts.

When removing your baby’s shirt, say: “(Child’s name) shirt is **OVER** his/her head. Encourage your baby to participate by helping your baby pull the shirt off of his/her head. After putting on your baby’s shirt, say: “Your tummy is **UNDER** your shirt.” Encourage your baby to participate by helping your baby pull the shirt down **OVER** his/her tummy. Be sure to touch the body parts as you name them, so that your baby can learn the name and position of the body part in relation to the article of clothing. Repeat the **UNDER** and **OVER** discussion when putting on or taking off pants and name the body parts in relation to the position of the pants.

Dear Families of Infants 12-18 Months:

Before young children begin to count the Cheerios on their trays or put blocks in the shape sorter, they are learning important early math concepts from their everyday interactions with caregivers. When caregivers incorporate language about math concepts into these interactions from the start, the roots of math concepts begin to grow and provide a solid foundation for learning math skills in the preschool years.

Today, we talked about **UNDER** and **OVER** when we changed clothes. You can reinforce this lesson at home. Changing clothes is a great opportunity to reinforce the concepts of **UNDER** and **OVER** and, at the same time, begin to teach your baby the names of different body parts.

When removing your baby’s shirt, say: “(Child’s name) shirt is **OVER** his/her head. Encourage your baby to participate by encouraging your baby to pull the shirt off of his/her head. After putting on the shirt, say: “Your tummy is **UNDER** your shirt.” Encourage your baby to participate by pulling the shirt down **OVER** his/her tummy. Be sure to touch the body parts as you name them, so that your baby can learn the name and position of the body part in relation to the article of clothing. Repeat the **UNDER** and **OVER** discussion when putting on or taking off pants and name the body parts in relation to the position of the pants.